

## Getting Family Planning with Family PACT

### What is Family Planning? What does Family PACT

Family planning helps you plan when to have children. It also helps you prevent unplanned pregnancy. Family planning also prevents infections and diseases you can get from having sex.

### What is Family PACT?

Family PACT stands for Family Planning, Access, Care and Treatment. It's a government program that pays for family planning. You don't have to pay anything for these services.

You may be eligible. Ask your doctor or nurse practitioner if he or she is part of Family PACT. Or call 1-800-942-1054 for the names of providers near you.

### cover?

You can get these services from a Family PACT provider:

- all birth control methods
- emergency contraceptive pills
- testing and treatment for infections from sex like chlamydia, gonorrhea, genital warts, syphilis, and Hepatitis B
- HIV testing and counseling
- some basic infertility services
- pregnancy testing, counseling and referral
- PAP smears and treatment for abnormal PAPs
- treatment for female urinary tract infections
- sterilization - male and female
- Hepatitis B vaccination and referral
- breast and prostate cancer screening and self-examination instruction
- Cervical cancer screening
- education and counseling about reproductive health and
- referrals for other services.

Family PACT does not pay for abortion, care once you are pregnant or primary care. Regular Medi-Cal covers all these service, including abortion.

### Who can get Family PACT?

Family PACT is for men and women. To sign up you must be a California resident. Your family's income must also be below 200% of the poverty level. For example, if your family has three people in it your income must be less than \$2,862 a month. If your family has four people in it, your income must be less than \$3,442 a month. You can't have any other source for family planning coverage or if you do, you have to have a reason why you need services through Family PACT. You can get Family PACT if you have Medi-Cal with a Share of Cost you have not met. If you already have free Medi-Cal with no Share of Cost, Medi-Cal will pay for these services for you. You don't need to enroll in Family PACT.

### How do I get Family PACT?

Sign up at a Family PACT provider's office. Call 1-800-942-1054 to get the name and telephone number of Family PACT providers near you. It's easy to sign up and you don't have to bring any papers.

Materials developed by:



The Health Consumer  
ALLIANCE

Turn the page for your rights in Family PACT →

## **You Have Rights in Family PACT**

- You have the right to decide whether or not to have children and, if so, to determine their timing and spacing.
- You have the right to be treated with dignity and respect.
- You have the right to privacy and confidentiality in all aspects of services.
- You have the right to adequate and objective education and counseling.
- You have the right to have all procedures explained and questions answered in language that can be understood.
- You have the right to know effectiveness, possible side effects, and complications of all contraceptives.
- You have the right to participate in selecting the contraceptive methods to be used.
- You have the right to know the results and meanings (diagnosis, treatment, prognosis) of all tests and examinations.
- You have the right to see your records and have them explained.
- You have the right to know the meaning and implications of all forms you are asked to sign.
- You have the right to consent to or refuse any contraceptive method, test, examination or treatment.
- You have the right to a hearing about getting into Family PACT or about the services you get. The back of the Family PACT Eligibility Certification form in your doctor's office tells you how to get a hearing.

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